



# Menu

## Paninis

Served with Root Vegetable Chips or Dressed Field Greens

### Steeping Leaf Special 9.25

Oven Roasted Turkey Breast, Cheese & Herb Spread,  
Provolone, Fresh Greens

### Bresaola Olive Tapenade 10.25

Bresaola (Northern-Italian Air-Dried Beef), Olive  
Tapenade, Tomato, Provolone, Fresh Greens

### Avocado Lonzetta 9.95

Lonzetta Ham (Italian Rosemary Pork Loin Ham),  
Avocado Mash, Provolone, Fresh Greens

### Salami Finocchiona & Goat Cheese 9.95

Finocchiona Salami (Tuscan Salami with Fennel Seeds),  
Goat cheese, Fresh Greens

### Roasted Vegetables & Goat Cheese 9.25

Roasted Vegetables, Goat cheese, Slight drizzle of  
Avocado-Ranch Dressing, Fresh Greens

Vegan - w/out cheese and dressing

### Island Time 10.25

Lonzetta Ham (Italian Rosemary Pork Loin Ham),  
Pineapple Slices, Provolone, Herbed Cream Cheese  
Spread, Fresh Greens

### Caprese\* 9.75

Freshly sliced Tomato, Ovolini Mozzarella, Field Greens,  
Pesto\*, Balsamic Reduction

### Say Cheese 6.25

Our take on a grilled cheese. A well-balanced medley of cheeses.

## Wraps

Served with Root Vegetable Chips

### Cranberry Almond Chicken\* 10.35

Cranberry Almond Chicken Salad\*, Tomato,  
Cucumber, Grated Mild Red Radish

### Vegetable Quinoa 9.25

Field Greens, Veggies, Quinoa, Tomato, Cucumber,  
Avocado Mash, Avocado Ranch Dressing  
add Oven Roasted Turkey Breast +\$1.50

Vegan - w/ Apple-Thyme-Green Tea Dressing

### Mediterranean 9.55

Quinoa, Cucumber, Tomato, Feta, Kalamata Olives,  
Field Greens, Mediterranean Inspired Olive Oil & Red  
Wine Vinaigrette Herb Dressing

Vegan - w/out feta cheese

### Green Power 9.99

Seasonal Vegetables, Field Greens, Quinoa, Cucumber,  
Goat Cheese, Avocado Mash, Avocado Ranch Dressing  
Vegan - w/out Cheese & Apple-Thyme-Green Tea Dressing

### Ticino 11.75

Field Greens, Hummus, Bresaola (Northern-Italian Air-  
Dried Beef), Fresh Tomato, Olive Tapenade

Vegan - w/out Bresaola



### Quiche of the Day 11.75

Served with Salad Greens with Apple  
Thyme Green Tea Vinaigrette



Sandwiches and  
Wraps are available



\*contains nuts

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# Menu

## Flatbreads

Served with Dressed Field Greens

### Pear and Brie 14.95

Brie Cheese, Anjou Pear, Grapes, Rosemary & Sea Salt sprinkle, finished with Agave Syrup drizzle

### Selezione di Fromaggi 8.65

A blend of mild Italian cheeses and tomato sauce.

### Grilled Vegetables\* 12.95

Seasonal grilled vegetables, Goat Cheese, Tomato Pesto\*, finished with Balsamic Glaze  
Vegan - w/out Goat cheese

### Bresaola Special 15.45\*

Bresaola, Gruyere Cheese, Roasted Vegetable Pesto\*, Sliced Kalamata Olives

### Bresaola Olive Tapenade 15.75

Bresaola, Gruyere Cheese, Olive Tapenade, topped with fresh Arugula & Spinach  
Vegan - w/out Bresaola & Cheese, with Hummus

### Campania 14.95

Fresh Tomatoes, Olivini Mozzarella, Olive Oil & Garlic, finished with fresh Basil leaves & Balsamic Glaze  
Vegan - w/out Mozzarella



## Smoothies 5.89

100% fruit smoothies blended with orange juice- no added sugar

**Green:** Spinach, Mango, Pineapple, Apple

**Pink:** Blueberry, Banana, Mandarin, Carrot

**Purple:** Açai, Kale, Strawberry, Apple, Blueberry

**Yellow:** Pineapple, Apple, Peach, Turmeric

## Salads

Served with Root Vegetable Chips

### Caprese Salad 10.55

Fresh Tomatoes, Arugula & Spinach, Olivini Mozzarella, Basil, Olive Oil, Balsamic Glaze, Sea Salt

### Mediterranean Salad 10.25

Seasonal Leafy Greens, Tomato, Cucumber, Kalamata Olives, Feta, Mediterranean Inspired Olive Oil & Red Wine Vinaigrette Herb Dressing

### Steeping Leaf Garden Salad 10.25

Seasonal Leafy Greens, Tomato, Cucumber, Peas, Corn, Cauliflower, Broccoli and Green Tea Apple Cider Vinaigrette



## Quesadillas

### Solo Queso 4.99

A blend of cheeses.

### Spinach 5.45

A blend of cheeses and spinach

### Chicken and Spinach 6.99

A blend of cheeses, Spinach & Oven Roasted Chicken

### Mediterranean 7.25

A blend of cheeses, Feta, Spinach, Tomatoes, Olives

### Grilled Vegetables 6.99

A blend of cheeses, Grilled Vegetables, Spinach.



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